

## Strider Board Meeting Minutes

March 16, 2008

By Lou Thrash

**Board Members in attendance:** Whitney La Rocca, Miriam Terc, Lou Thrash, Andrew Keller, Lee Greb, Steve Schroeder, George Moriarty, Chip Maxa

**Also in attendance:** Lisa Ruthven, Stacy Stepler, Chris Murphy, Heather Thompson, Helen Grant

### Board Member/Committee Chair Reports

**President** (Whitney La Rocca) – No report

**Vice President** (Miriam Terc) - Heather Thompson will be the speaker at the May 13 formal meeting at Chatter's. She will unveil her plans for the new training programs.

**Secretary** (Lou Thrash) – No report

**Treasurer** (Andrew Keller) - Statement and graphs of projected expenditures and allocations reviewed.

**Membership/stride4fun** (George Moriarty) –  
\*Cost of mailing Stridelines exceeds cost of membership fee. It was recommended to inform members of the cost and possibly add an additional fee on membership forms if a hardcopy is requested. This will diminish requests and alleviate printing and postage costs.

\* Membership roster distributed with members listed that have not renewed for 2008. List will be disseminated among board members who will send friendly reminders and then report to status to George.

\*Emails will be sent out notifying board members of new members so welcome notes can be sent out by board members.

**Half Marathon** (Lisa Ruthven, Stacy Stepler) –  
\*Half Marathon directors are actively working on contacting previous committee members for their resources and contacts. Some gaps in contacts and resources.

\*Half Marathon directors will contact graphic designer and webmaster about volunteering their time this year.

**Running Coach** (Heather Thompson) –

\*SMART coach/training currently active.

\*Heather urging members to email in their race results on a weekly basis.

**Relay Coordination** (Chip Maxa) – Teams are currently being set for Beach to Bay (May 17<sup>th</sup>) and Bayou Bash (April 26). Several teams have openings with few requests to fill in vacancies. Chip will email requests for members to send it their interest so they can be placed on a team followed by another email with lists of team captain and runners so potential members can find their niche.

**Novelty Runs** (Helen Grant)-

Novelty Run was well attended last week at Bear Creek Park. Efforts to coordinate with club picnic in June for a future run and ideas for new novelty runs discussed.

### Other Matters

\*A motion was entered and approved to send three board members to represent the Houston Striders at the 2008 RCAA convention in Cincinnati this May 1-4.

\* A template will be created to help track membership dues and singlet sales.

\* Race of the Quarter will be Astros run for the Pennant on May 31<sup>st</sup>.

\*Surveys sent out through Yahoo group have been found to not be accurate. New efforts using survey monkey will be tested to hopefully yield more accurate results.